

Jadeecada

Way ka culus tahay finan
jirka ka soo yaaca



Building Healthier
Communities

Jadeeadu waa mid aad khatar u ah oo keeni karta

- Sambabada oo biyo galaan
- Dhaawac gaara maskaxda
- Maqalka oo kaa luma
- Isbitaalka lagu dhigo
- Dhimasho

Jadeecada waa cudur aad u faafa oo halis ah oo lagu kala qaado



Qufaca iyo
Hindhisada

Jeermis hawada
ku jira: Jeermisku
waxa uu qolka ku
nagaan karaa 2
saacadood ka diba
marka qofka
xanuunsan uu
meesha ka tago.

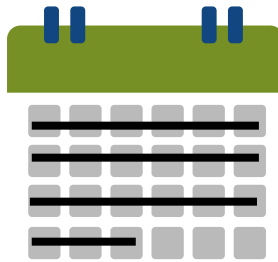


Ilmahaaga badbaadi

Talaalka MMR waa lagaga hortagi karaa jadeecada, qaamo qashiirka iyo nooc busbuska ah. Dhakhaatiirtu waxa ay ku talinayaan in ilmahaaga aad talaasho 2 jeer si uu u helo badbaadada ugu wanaagsan.

Talaalka 1
12-15 bilood

Talaalka 2
4-6 sano jir



Dadka aan talaalneyn ee cudurku ka dhaco waa in meel gooni loogu xiraa 21 maalmood.

Calaamadaha jadeecada



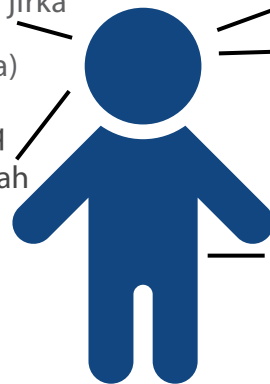
Nabaro yaryar oo jirka ka soo yaaca (ka biloowda madaxa)

Caabuq
dhagaha ah

Indhaha oo casaada

Duuf
Qufac

Shuban



Kala tasho dhakhtarkaaga sida aad u dhameystiran karto talaalka iyo macluumaad ku saabsan talaalka Xog dheeraad ah kala soco: minneapolisnmn.gov/vaccines

For reasonable accommodations or alternative formats please contact health@minneapolisnmn.gov or 612-673-2301. People who are deaf or hard of hearing can use a relay service to call 311 at 612-673-3000. TTY users call 612-263-6850. Para ayuda, llame al 311. Rau kev pab 311. Hadii aad Caawimaad u baahantahay wac 311.