

Qhua pias

Tsis yog sawv pob xwb



Building Healthier Communities

Qhua pias muaj feem ua tau kev phom sij thiab ua tau

- Mob ntsws
- Hlwb puas
- Pw tsev kho mob
- Tuag

Tiv thaiv koj tus menyuam

Koob tshuaj MMR tiv thaiv tau qhua pias, mumps, thiab rubella. Cov kws kho mob pom zoo kom koj tus menyuam txhaj 2 koob tshuaj MMR thiaj thaiv tau zoo tshaj.

Koob tshuaj 1
12-15 hlis

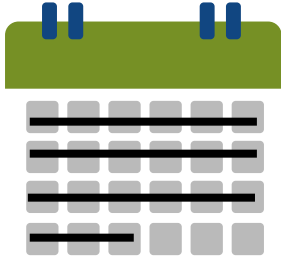
Koob tshuaj 2
4-6 xyoos

Qhua pias kis tau yoojyim thiab sib kis tau los ntawm



Hnoos thiab txham

Cov kab mob nyob tom qab: cov kab mob nyob tau rau hauv ib chav twg mus txog li 2 teev tom qab txawm hais tus neeg mob ntawd twb mus lawm.



Cov neeg tsis tau txhaj tshuaj uas nyob ze cov neeg mob qhua pias yuav tsum tau nyob hauv tsev 21 hnuv.

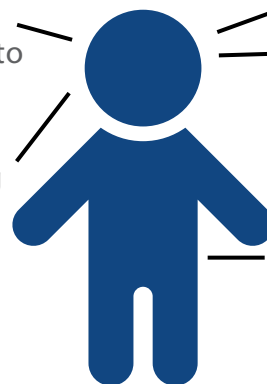
Cov tso mob qhua pias



Sawv cov pob me (pib saum to hau)



Mob pob ntseg



Qhov muag liab

Los ntswg Hnoos



Raws plab



Nrog koj tus neeg kho mob tham txog cov ntaub ntawv txhaj tshuaj thiab kawm txiv txog txhaj tshuaj. Kawm ntawm: minneapolismn.gov/vaccines

For reasonable accommodations or alternative formats please contact health@minneapolismn.gov or 612-673-2301. People who are deaf or hard of hearing can use a relay service to call 311 at 612-673-3000. TTY users call 612-263-6850. Para ayuda, llame al 311. Rau kev pab 311. Hadio aad Caawimaad u baahantahay wac 311.