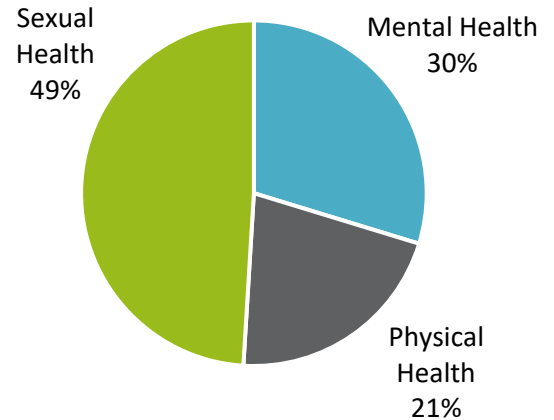


Who we are: The Minneapolis School Based Clinics (SBC) provide integrated, holistic health services, and build connections within the community and schools to promote student health, well-being, and school success. We provide convenient, confidential, no-cost, and quality care regardless of insurance or citizenship status.

Overview: The Minneapolis School Based Clinics serve students across nine (9) Minneapolis high schools (Edison, FAIR, Henry, Longfellow, Roosevelt, South, Southwest, Washburn, and Wellstone).

During the 2023-24 school year, the SBCs expanded to include on-site services at Wellstone International High School. The SBCs saw a 17% increase in client visits – this represents a return to pre-COVID utilization rate.

Percent of Visits by Type of Service



2023-24 Clinic Activities & Historic Data

Number of Visits			
13,031			
2019-20	2020-21	2021-22	2022-23
9,908	5,007	8,700	11,101

Number of Unique Clients			
2,615			
2019-20	2020-21	2021-22	2022-23
2,127	935	2,149	2,622

Number of Sports Physicals/Well-Child Exams			
657			
2019-20	2020-21	2021-22	2022-23
588	181	664	733

Number of Vaccine Doses Administered			
1090			
2019-20	2020-21	2021-22	2022-23
378	176	217	553

Number of Mental Health Clients			
329			
2019-20	2020-21	2021-22	2022-23
184	157	231	272

Avg # of Mental Health Visits per Client			
15.1			
2019-20	2020-21	2021-22	2022-23
n/a*	14.6	13.5	13.4

School-Based Model of Care: The school-based model of care allows clinic staff to meet Clients where they are. Compared to a traditional clinic model, clients utilizing a school-based clinic receive a higher “intensity” of quality care, as their quantity of visits exceeds typical clinic utilization. (National data is from the School Based Health Alliance)

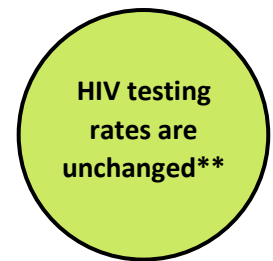
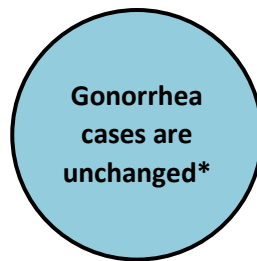
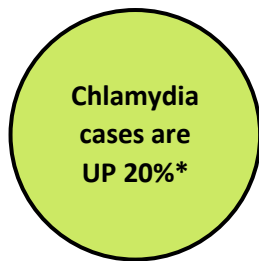
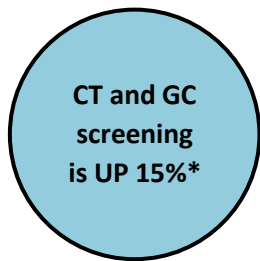
*This figure was not reported during School Year 2019-2020.

For reasonable accommodations or alternative formats please contact the Minneapolis Health Department at 612-673-2301 or email health@minneapolismn.gov. People who are deaf or hard of hearing can use a relay service to call 311 at 612-673-3000. TTY users call 612-673-2157 or 612-673-2626. Para asistencia 612-673-2700 - Rau kev pab 612-673-2800.

Sexually Transmitted Infections (STIs)

Chlamydia (CT), gonorrhea (GC), and HIV testing is offered as routine screening. CT and GC urine testing is also done on Fast STI testing days, which accounts for 37.8% of CT and GC testing. Additional screening may be performed per STI testing guidelines, risk, and provider assessment. In-depth SBC STI data can be found in the Annual STI Report.

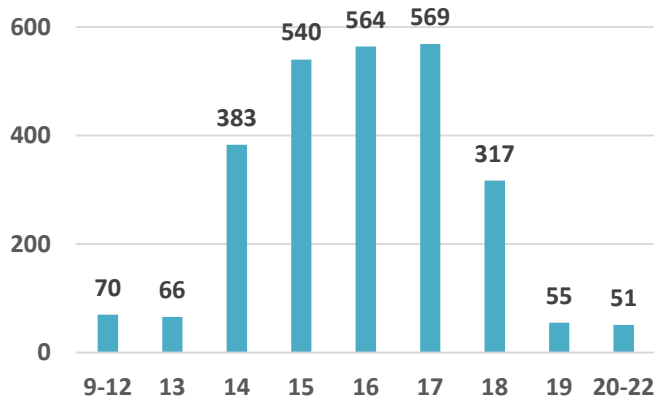
	Chlamydia (CT)	Gonorrhea (GC)	Syphilis (treponema)	HIV (rapid and venous)	Trichomoniasis
Tests Performed	1842		91	299	237
Test Positivity	6.1%	0.65%	0.0%	0.0%	1.7%



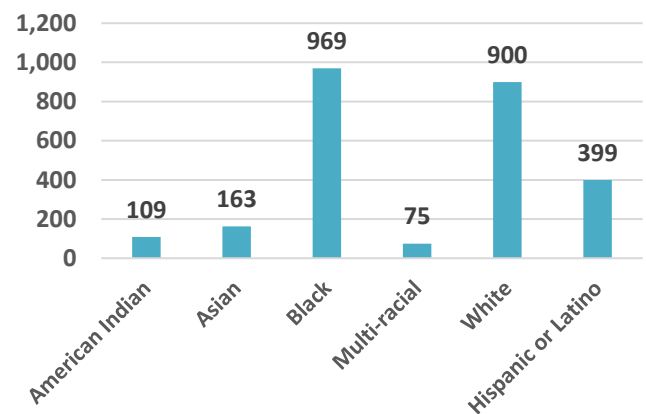
*Compared to 2022-23 numbers test and case numbers. **HIV rapid test are down 5.4% and venous tests are up 17% compared to 2022-23.

Client Demographics

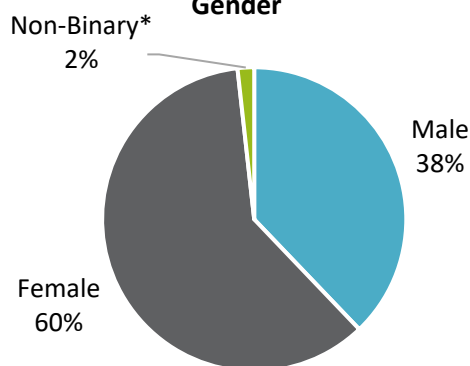
Age at Time of Service (Years)



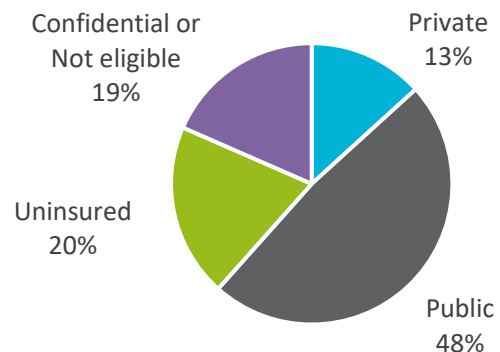
Race



Gender

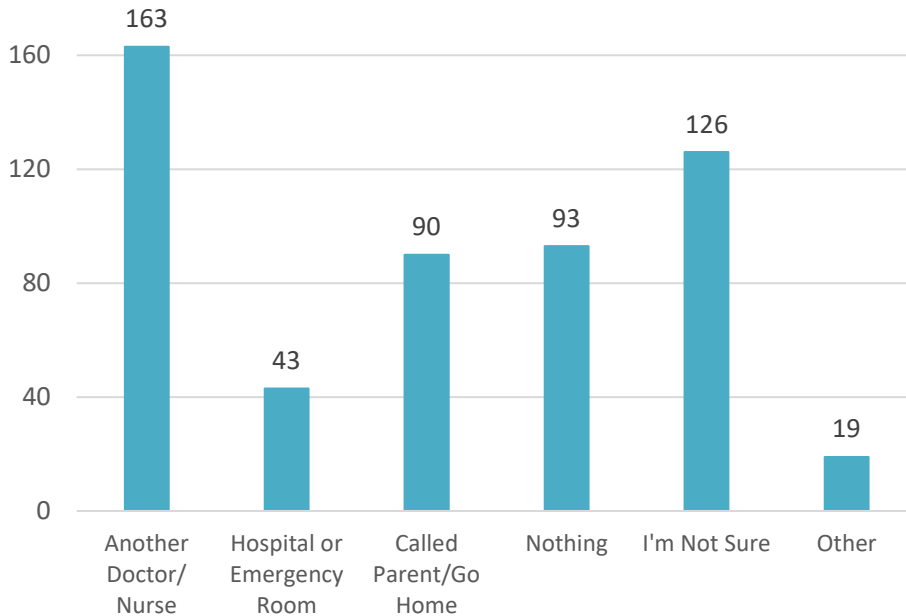


Client Visit by Insurance Type (%)



Client and Parent Feedback

If your school did not have an SBC, what would you have done today? (select all that apply)



School-Based Model of Care: The presence of a school-based clinic diverts clients from the ER, reduces school absences for appointments and illness, and fills a vital healthcare gap, serving students who may have nowhere else to go.

How satisfied are clients with their care? (450 responses)

98%

of clients were “satisfied” or “very satisfied” with receiving answers to their questions.

99%

of clients say they would come back to the clinic

50%

of clients say they use the clinic once a month or more

Client comments on the best part about using the clinic:

“They help us with things that we would need money for. I love that it’s free and they keep everything private.”

“The support and love I feel. I never feel judged.”

“They help us with things that we would need money for.”

“How fast it was getting information about sexual health, the workers who make me feel comfortable.”

“The kindness and actual questioning.”

“I felt really safe and comfortable in the room. I felt like I could share anything I felt comfortable to share with the nurses.”

Parent/guardian survey (704 responses):

91%
of parents encourage their students to use the School Based Clinic

Clinic benefits identified by parents included:

- Mental health and counseling services
- Onsite sports physicals
- Access to no/low-cost services
- Private, nonjudgmental environment for teens
- Licensed/experienced clinic staff skilled in teen work

School-Based Model of Care: Using an SBC allows adolescents to gain valuable practice in managing their own healthcare. SBC staff are specialized in adolescent healthcare and support the SBC values of autonomy, youth-centered, nonjudgmental care, reproductive justice, anti-racism, and LGBTQ+-inclusive care. Clients receive more provider time and support than a traditional clinic, which shows up in how students feel about the clinic.

Community Engagement

Community engagement and outreach activities are organized interactions that SBC staff has with clients, students, parents, student and peer educator groups, school faculty and staff (among others) outside the clinic. The purpose of community engagement is to increase awareness of the SBC and provide education.

Activities Include:

- Classroom-based sex education
- Classroom presentations and workshops
- Tabling at open houses, sports sign-up nights, registration events
- Tabling at lunches
- Small group sessions, including the Teen Health Empowerment Council

Number of Community Contacts through Outreach Activities

28,611

Total Number of Outreach Activities

1,378

FLASH Implementation

SBC Health Educators implement a comprehensive, evidence-based sexual health education curriculum in all health classes across SBC sites. This collaboration with health teachers allows for almost all students to receive high-quality sex ed during high school. FLASH includes 15 lessons, and covers anatomy, pregnancy, relationships, pregnancy prevention, STIs, barrier methods, and more.

Number of Students who Participated in FLASH

1,724

"I learned more about health relationships and what to say to other people that may be struggling around you."
- Student at Southwest HS

"I know [Health Educator] has no judgment with any topic, which is exactly what teens needs. I know they're getting questions answered and getting the right information on their health questions" – MPS Teacher

28 students	16 meetings
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THE Council

The Teen Health Empowerment Council (THE Council) is a peer education and advocacy group composed of students from across Minneapolis. It is youth-led and facilitated by SBC staff. Members meet to discuss and complete trainings on various health topics, learn advocacy and peer education skills, and advise the School Based Clinics.

During the 2023-24 school year, THE Council completed a **reproductive justice Zine** that was distributed in clinic, at Youth Pride, and by Council members.



"I liked that I did something new for a change like writing something that I really want to talk about and make an impact and making the zines was great way of doing it."
– THE Council Member

"Everyone was able to be creative in their own way"
– THE Council Member

