

STAPLE FOODS ORDINANCE

Minneapolis Code of Ordinances. Title 10. Chapter 203. Grocery Stores

STAPLE FOODS. All licensed grocery stores must offer for sale the following items and quantities of food for home preparation and consumption, on a continuous basis:

CATEGORY	REQUIREMENT	DOES NOT COUNT
<p>MILK</p> 	<ul style="list-style-type: none"> • 5 gallons total • Gallon or half-gallon containers • At least 2 of the following varieties: nonfat, 1%, or 2% milk, or “plain” or “original” milk alternatives 	<ul style="list-style-type: none"> • No buttermilk, chocolate or flavored milk • No items in containers smaller than half gallon
<p>CHEESE</p> 	<ul style="list-style-type: none"> • 6 pounds total • Packages of 8 oz. or larger • At least 3 varieties • Shredded or block cheese 	<ul style="list-style-type: none"> • No cheese food • No American cheese or individually wrapped slices • No string cheese singles
<p>EGGS</p> 	<ul style="list-style-type: none"> • 6 one dozen containers total • Large size only 	<ul style="list-style-type: none"> • No half-dozen or 18-egg containers • No medium or extra large-size eggs
<p>MEAT & VEGETABLE PROTEINS</p> 	<ul style="list-style-type: none"> • At least 3 varieties of meat, poultry, canned fish packed in water, or vegetable proteins such as nut butter and/or tofu. • Nut butter no larger than 18 oz 	<ul style="list-style-type: none"> • No single serving packs or freshly sliced deli meat • No canned fish or meat in oil • No nut butters that contain other foods such as jelly,
<p>FRUITS & VEGETABLES</p> 	<ul style="list-style-type: none"> • 30 lbs. or 50 items fresh and/or frozen total • At least 7 varieties; at least 5 must be fresh • No more than 50% from a single variety 	<ul style="list-style-type: none"> • No added ingredients like sweeteners, salt, or spices • No shelf-stable fruit cups or cans in syrup or juice • No dried fruit or herbs • No vegetables or fruit with dressings, dip, or cheese

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(Continued from other side)

CATEGORY	REQUIREMENT	DOES NOT COUNT
100% JUICE 	<ul style="list-style-type: none"> • 6 containers of 100% juice • Frozen/non-frozen concentrate: 11.5-12 oz. containers • Juice: 59 oz. or larger • At least 2 must be citrus 	<ul style="list-style-type: none"> • No containers smaller than 59 fluid oz. or smaller than 11.5oz. concentrate • No fresh-squeezed juices
WHOLE GRAIN CEREAL 	<ul style="list-style-type: none"> • Whole grain must be listed as the first ingredient • 4 boxes or bags total, 12 oz. or larger, whole grain cereal or cereal grains • At least 3 varieties 	No cereals that list the following as the first ingredient: <ul style="list-style-type: none"> • Enriched flour, wheat flour, milled corn, corn, rice, bran, farina
WHOLE GRAINS 	<ul style="list-style-type: none"> • 5 pounds total • At least 3 varieties such as 100% whole grain bread, corn tortillas, or brown rice 	<ul style="list-style-type: none"> • No products with “enriched wheat flour” as 1st ingredient • No popcorn with butter, salt or added fat/oil • No white flour tortillas
CANNED BEANS 	<ul style="list-style-type: none"> • 192 oz. total of canned beans or legumes (approx. 13 cans) • At least 3 varieties 	<ul style="list-style-type: none"> • No added fats, oils, meats • No baked beans, pork and beans, chili beans, or refried beans • No soup mix • No green or wax beans
DRIED PEAS BEANS LENTILS 	<ul style="list-style-type: none"> • 4 packages total • Packages 16 oz. in size or smaller 	<ul style="list-style-type: none"> • No seasonings or other added ingredients • No soup mixes

Minneapolis Health Department