

NEED HELP MEETING THE REQUIREMENTS?

Minneapolis Health Department staff are available to provide assistance and guidance to store owners.

Call: 612-673-2301

Email: SHIP@minneapolismn.gov

Web: <http://www.minneapolismn.gov/health/living/eating/staple-foods>

Minneapolis Health Department
250 South 4th St. - Rm 510
Minneapolis, MN 55415



DO YOU NEED THIS INFORMATION IN ANOTHER LANGUAGE?

For reasonable accommodations or alternative formats please contact Minneapolis Health Department at 612-67-2301 or email SHIP@minneapolismn.gov.

People who are deaf or hard of hearing can use a relay service to call 311 at 612-673-3000. TTY users call 612-673-2157 or 612-673-2626. Para asistencia 612-673-2700 - Rau kev pab 612-673-2800 - Hadii aad Caawimaad u baahantahay 612-673-3500.

MINNEAPOLIS

STAPLE FOODS ORDINANCE

Minneapolis Code of Ordinances
Title 10. Chapter 203. Grocery Stores

STOCKING GUIDE



ACCESS TO HEALTHY FOOD IS IMPORTANT

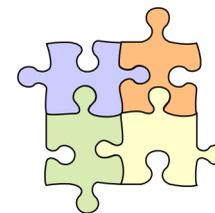


Corner stores, gas stations, dollar stores and other small retailers are a frequent source of food for urban residents, youth and families, but often do not carry many healthy foods.



Residents living near supermarkets have healthier diets and are 17% less likely to be obese.

White and higher income residents are more likely to eat 5+ fruits and vegetables per day compared to lower income residents and people of color.



The Staple Foods ordinance is part of a bigger movement to increase access to healthy foods that includes government agencies, non-profits, schools, parks, worksites and businesses.

WHO DOES THE STAPLE FOODS ORDINANCE APPLY TO?

The following businesses **are required to meet the staple foods standards:**

- Supermarkets, grocery stores and co-ops
- Convenience/corner stores, gas stations, dollar stores, pharmacies and big-box retailers that sell food and accept government nutrition assistance (i.e. EBT/SNAP or WIC)

Some businesses do not have to meet the staple foods standards:

- Gas stations with less than 300ft² of total retail space
- Businesses located within the Central Commercial District (i.e. downtown Minneapolis)
- Stores that qualify as an "Accessory Use Grocery"

An "Accessory Use Grocery" is a retail establishment that sells staple foods as an accessory use to its primary business, or sells only specialized types of foods and does not accept government supplemental nutrition programs (i.e. EBT/SNAP or WIC).

ORDINANCE IMPLEMENTATION TIMELINE

- **April 2015 - March 2016:** Training and technical assistance to store owners; compliance monitoring with no enforcement.
- **April 2016 - ongoing:** Continued training and technical assistance; compliance monitoring with standard enforcement procedures.
- **Ongoing:** Evaluation of ordinance impact on stores and customers (in partnership with the University of Minnesota School of Public Health).

MILK

REQUIREMENT

- 5 gallons total
- Gallon or half-gallon containers
- At least 2 of the following varieties: skim/nonfat, 1%, or 2% milk, or “plain” or “original” soy milk or other milk alternatives



DOES NOT MEET REQUIREMENT

- Flavored or sweetened milk or milk alternatives
Example: Chocolate Milk
- Whole milk
- Evaporated or powdered milk



100% JUICE

REQUIREMENT

- 6 containers of 100% juice; at least 2 must be citrus
- Frozen/non-frozen concentrate: 11.5-12 oz. containers
- Juice: 59 oz. or larger containers



DOES NOT MEET REQUIREMENT

- Juice or juice drinks with added ingredient of sugar or high fructose corn syrup.
Example: Lemonade, fruit punch, or cocktails



FRUITS & VEGETABLES

REQUIREMENT

- 30 lbs. or 50 items fresh and/ or frozen
- At least 7 varieties; at least 5 must be fresh
- No more than 50% from a single variety



DOES NOT MEET REQUIREMENT

- Frozen items with added ingredients such as sugar, salt or spices
- Canned or dried fruits or vegetables



CHEESE

REQUIREMENT

- 6 pounds, at least 3 varieties
- Packages of at least a half pound (8 oz.)



DOES NOT MEET REQUIREMENT

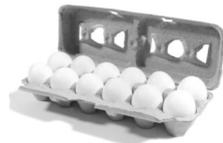
- Processed cheese products
Examples: American cheese singles or cream cheese



EGGS

REQUIREMENT

- 6 one dozen containers
- Large size only



DOES NOT MEET REQUIREMENT

- Medium or Extra Large size
- Half dozen containers

WHOLE GRAIN CEREAL

REQUIREMENT

- 4 boxes or bags, 12 oz. or larger, whole grain cereal or cereal grains
- At least 3 varieties



DOES NOT MEET REQUIREMENT

- Single serving size of cereals
- Cereals without whole grains as the first ingredient



WHOLE GRAINS

REQUIREMENT

- 5 pounds
- At least 3 varieties such as bread, corn tortillas, brown rice or oatmeal



DOES NOT MEET REQUIREMENT

- Grains with the bran or hull removed
Example: White rice
- Quick cooking grains or meals
Example: Instant rice meals



DRIED BEANS, PEAS, LENTILS

REQUIREMENT

- 4 packages
- Up to 16 oz. in size
- No added ingredients



DOES NOT MEET REQUIREMENT

- Bean mixes with added seasonings, vegetables or meats

MEAT & VEGETABLE PROTEINS

REQUIREMENT

- At least 3 varieties of meat, poultry, canned fish packed in water, or vegetable proteins such as nut butter and/or tofu.
- Nut butter up to 18 oz.; may **not** contain other products such as jelly



DOES NOT MEET REQUIREMENT

- Canned fish in oil or sauce
- Nut butters with additional ingredients such as peanut butter with added jelly, chocolate or honey



CANNED BEANS

REQUIREMENT

- 192 oz. total of canned beans or legumes
- At least 3 varieties



DOES NOT MEET REQUIREMENT

- Canned green beans
- Canned beans with added ingredients such as noodles, macaroni, cheese or meat

