

Healthiest Nation 2030

April 6-12, 2015



**National
Public Health
Week** www.nphw.org

AN INITIATIVE OF THE AMERICAN PUBLIC HEALTH ASSOCIATION



“Healthy Where You Are”

Tuesday, April 7th

Yoga Where You Are

12:00pm - 1:00pm

City Hall Rotunda

Led by Jason Hulshof, a professional yoga instructor from LifeTime Fitness, and accompanied by live music from Avalon Moon.

Thursday, April 9th

Local Public Health Heroes Award

Ceremony

12:15pm - 1:00pm

Join us in the Rotunda as we give awards to those in our community who have been instrumental in promoting public health.

Food Trucks at City Hall

11:30am - 1:30pm

Chef Shack and Foxy Falafel will be outside City Hall

Health Department Resource Fair

11:30am - 2:00pm

Come enjoy free appetizers from Waite House in the Rotunda and learn more about the Health Department.

Wednesday, April 8th

Community Walk

6:00pm - 7:00 pm

Please meet at Mill Ruins Park at 5:45 pm we will begin our walk promptly at 6:00 pm.

The entire route is 1.8 miles but there is a shorter route as well. For more information contact Nick Yates at (612)673-2393 or Desralynn Cole at (612)673-3817 (Weather permitting)

Invisible Threat Film Screening

5:00pm - 8:00pm

The School of Public Health at the University of Minnesota will be viewing the film *Invisible Threat* and anyone can come watch. The film will be shown in the Mayo Memorial Auditorium at 420 Delaware St. SE. Prior registration is required. More information and registration here:

<http://sph.umn.edu/news/events/national-public-health-week-april-6-11-2015/>

If you need this material in an alternative format please call the Minneapolis Health Department at (612) 673-2301 or email health@minneapolismn.gov. Deaf and hard-of-hearing persons may use a relay service to call 311 agents at (612) 673-3000. TTY users may call (612) 673-2157 or (612) 673-2626.

Attention: If you have any questions regarding this material please call 311 or (612) 673-2301; Hmong - Ceeb toom. Yog koj xav tau kev pab txhais cov xov no rau koj dawb, hu (612) 673-2800; Spanish - Atención. Si desea recibir asistencia gratuita para traducir esta información, llame al teléfono (612) 673-2700; Somali - Ogow. Haddii aad dooneyso in lagaa kaalmeeyo tarjamadda macluumaadkani oo lacag la' aan wac (612) 673-3500.

If you need a disability-related accommodation, such as a sign language interpreter, wheelchair accessible meeting site or materials in alternative format, please contact Nick Yates at (612)673-2393 by April 3rd

