



Action Plan Worksheet

Restaurant: _____

Availability of healthy menu options

Selected Strategy (select all that apply):

- Offer at least 3 new or modified healthy entrées; adopt at least 1 general healthy cooking technique (required)
- Add a new healthy menu item (appetizer, side, beverage, dessert, etc)
- Eliminate an unhealthy menu item or make a default item healthier

Price and portion size of healthy menu options

Selected Strategy (select all that apply):

- Offer a healthy side exchange option at no extra cost (required)
- Reduce portion sizes
- Encourage customers to “pack half for home”

Promotion of healthy menu options

Selected Strategy (select all that apply):

- Highlight healthy items through menu labeling, menu inserts, and/or promotional signage (required)
- Train servers to promote healthy options to customers (required)
- Participate in the 2015 Healthy Restaurant Program publicity event

Signature: _____

Print Name: _____

Date: _____



Availability of healthy menu options

Strategy: Offer at least 3 new or modified healthy entrées; adopt at least 1 general healthy cooking technique (required)

<i>Activity</i>	<i>Completion deadline</i>	<i>Requested assistance/resources</i>	<i>Progress/Notes</i>



Availability of healthy menu options

Strategy: Add a new healthy menu item (appetizer, side, beverage, dessert, etc)

<i>Activity</i>	<i>Completion deadline</i>	<i>Requested assistance/resources</i>	<i>Progress/Notes</i>



Availability of healthy menu options

Strategy: Eliminate an unhealthy menu item or make a default item healthier

<i>Activity</i>	<i>Completion deadline</i>	<i>Requested assistance/resources</i>	<i>Progress/Notes</i>



Price and portion size of healthy menu options

Strategy: Offer a healthy side exchange option at no extra cost (required)

<i>Activity</i>	<i>Completion deadline</i>	<i>Requested assistance/resources</i>	<i>Progress/Notes</i>



Price and portion size of healthy menu options

Strategy: Reduce portion sizes

<i>Activity</i>	<i>Completion deadline</i>	<i>Requested assistance/resources</i>	<i>Progress/Notes</i>



Price and portion size of healthy menu options

Strategy: Encourage customers to “pack half for home”

<i>Activity</i>	<i>Completion deadline</i>	<i>Requested assistance/resources</i>	<i>Progress/Notes</i>



Promotion of healthy menu options

Strategy: Highlight healthy items through menu labeling, menu inserts, and/or promotional signage (required)

<i>Activity</i>	<i>Completion deadline</i>	<i>Requested assistance/resources</i>	<i>Progress/Notes</i>



Promotion of healthy menu options

Strategy: Train servers to promote healthy options to customers (required)

<i>Activity</i>	<i>Completion deadline</i>	<i>Requested assistance/resources</i>	<i>Progress/Notes</i>



Promotion of healthy menu options

Strategy: Participate in the 2015 Healthy Restaurant Program publicity event

<i>Activity</i>	<i>Completion deadline</i>	<i>Requested assistance/resources</i>	<i>Progress/Notes</i>